

TRAIL TALK

Oak Ridges Trail Association Quarterly

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Spring 2019



Photo: Cheryl Fisher

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PRESIDENT'S MESSAGE



Some of you may have wondered why you haven't seen me out hiking or leading a hike in some while. Actually I led my last hike last June and have not hiked at all since that time.

I have been waiting for a surgery time for a knee replacement. As a young man I took part in many sports, including football where I tore the cartilage in my right knee resulting in its removal. All my adult life I have had b o n e - o n - b o n e

contact and over the years have worn out the knee joint.

My surgery was January 21st and I am on the mend looking forward to getting out both as a hiker and a hike leader soon. Look for me to post hikes beginning in April if all goes as to plan.

I am enthusiastic about my new-found mobility and look forward to enjoying the outdoors once again. It is amazing how much I have missed the experience and the camaraderie of hiking.

Not being able to enjoy the outdoors left me with time to think about what I was missing. I did some looking for benefits of being in the out-of-doors and came upon these research backed attributes.

Walking in nature could improve your short-term memory.

Being outdoors has a demonstrated de-stressing effect.

Spending time outside reduces inflammation.

Enjoying the outdoors helps eliminate fatigue.

Outdoor experiences may help fight depression and anxiety.

Being outside may protect your vision.

Spending time outside lowers blood pressure.

It could improve your ability to focus.

You may perform better on creative tasks after being outside.

Forests also might boost your immune system.

Business Outsider April 2018

So get out there and enjoy yourselves!

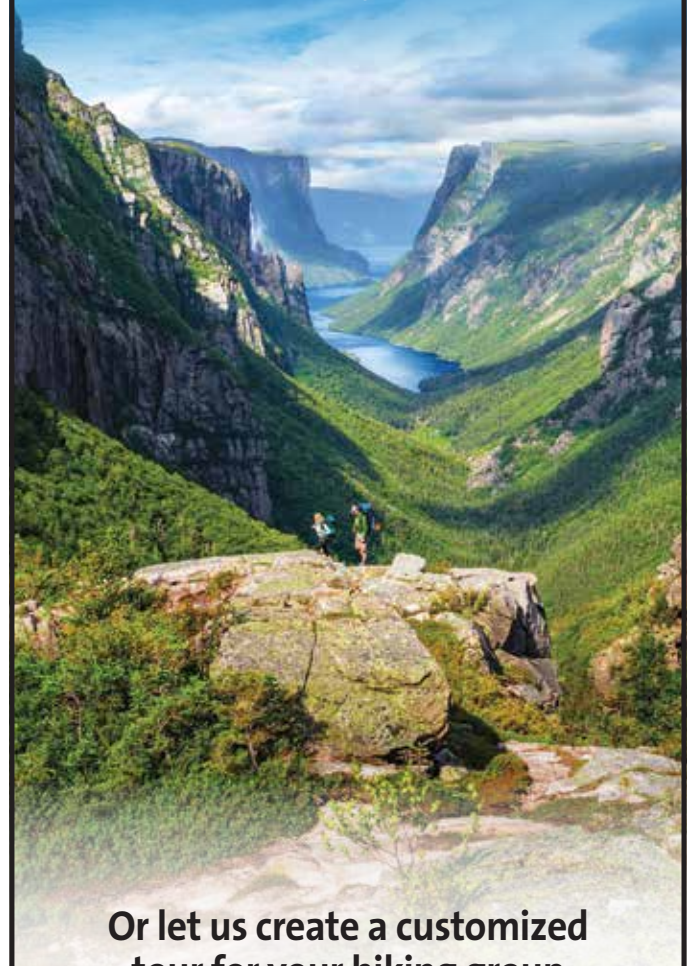
Kevin Lowe
President

Oak Ridges Trail Association

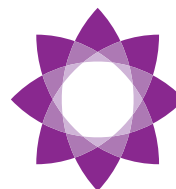
Hike the Rock.

For those who like salty air in their lungs and the east coast's best underfoot, join us for 10 days and discover where the wilderness grows as deep as the creases on friendly faces.

Departs: July 8, 2019



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OFFICIAL NOTICE OF THE ANNUAL GENERAL MEETING

THURSDAY APRIL 18, 2019

Join us on Thursday, April 18th, 2019 for the Annual General Meeting of the Association to celebrate 2018 and discuss plans for 2019.

Location: Goodwood Community Center, 268 Highway 47, Goodwood, ON L0C 1A0 (at the junction of Goodwood Road 21 and Bloomington Road). All members of the Oak Ridges Trail Association are invited to attend the AGM. We look forward to seeing many supporters, hikers and friends on this occasion.

Our guest speaker will be David Phillips, Senior Climatologist, Environment and Climate Change Canada. Famous for his factual and entertaining storytelling, David has been studying weather in Canada for over 50 years. One of his goals is to raise awareness among Canadians about their evolving climate. He is a charismatic and engaging teller of weather tales who provides a truly unique, often humorous and always interesting perspective on the meteorology that impacts daily lives and our future. Hope to see you there.

David Phillips has been employed with Environment Canada's weather service for 50 years. His work activities relate to the study of the climate of Canada and to promote awareness and understanding of meteorology. He has published several books, papers and reports, including a book on The Climates of Canada, and two bestsellers: The Day Niagara Falls Ran Dry and Blame It On The Weather. He is the originator and author of the Canadian Weather Trivia Calendar, the most popular calendar sold in Canada. David frequently appears on national radio and television as a commentator on weather and climate matters. He has been awarded the Commemorative Medal for the 125th Anniversary of the Confederation of Canada, the Queen Elizabeth Golden and Diamond Jubilee Medals and has twice received the Public Service Merit Award. David is the recipient of three honorary doctorates from the universities of Waterloo and Windsor and Nipissing University. In 2001, David was named to the Order of Canada.

Schedule of Events

4:00 pm Pre-AGM hike, Goodwood. ORTA Map 5; Slow to moderate; 1.5hrs.; Join a short hike prior to our AGM in the lovely Secord Forest Wildlife area. Enjoy the scenic ponds, streams, forest and meadow trails. Meet at Secord parking lot, 2 km south of Goodwood Rd, on Conc 3, east on Secord Rd. GPS: 44.017830, -79.182766.

Brian Millage, 905-853-2407, cell phone on day of hike 416-722-6512.

6:00 pm Registration, Food & Social. Mix and mingle beforehand and indulge in light food and refreshments along with a beer and wine donation bar. Enjoy this opportunity to catch up on your Association's activities and meet fellow members.

A \$5 contribution is requested, to defray costs.

7:00 pm Business part of meeting. For any questions, please contact Wilma Millage, cell phone on event day 416-655-4052.

8:00 pm Guest speaker David Phillips

ORTA AWARD NOMINATIONS 2018 – 2019

Each year the Oak Ridges Trail Association seeks to honour and say Thank You! to those members who have made significant contributions to our organization and the development of the ORMT. Please send your nomination for a member who should, in your opinion, receive an award. Deadline is April 1st for submissions.

The Awards Sub-Committee this year consists of
Kevin Lowe pres@oakridgestrail.org
Wilma Millage past-pres@oakridgestrail.org,

The award categories are:

- **Commendation Awards** a maximum of 6 are awarded each year to Members who have made specific contributions to the management and development of ORTA and its programs.
- **Trail Builder Awards** a maximum of 4 of these are awarded each year to individuals who have made significant contributions to the building and maintenance of the trail.
- **Outstanding Member or Member of the Year Award** one award each year is presented to the Member who in recent years has done the most to advance the purposes of ORTA.
- **Lifetime Achievement Award** one award each year is presented to the Member who in recent years has done the most to advance the purposes of ORTA.

To view previous award recipients
<http://www.oakridgestrail.org/library/award-history/>

ORTA ELECTION OF DIRECTORS – 2019/20

At the Annual General Meeting to be held on April 18, 2019, we will once again put forth a slate of nominees to be elected to serve as Directors for a period of one year. We are seeking new ideas and perspectives and your input is welcomed. We meet about 6 times annually and hope that you'll join us. To comply with our Constitution, the following must be observed.

1. To be eligible for election as a Director at the Annual General Meeting of Members, a person must:
 - a. be a member in good standing
 - b. have confirmed in writing his/her willingness to serve as a Director,
2. Nominations may be made by any Member to the Nominating Committee. Such nominations shall be:
 - a. In writing
 - b. Accompanied by the Nominee's confirmation of willingness to serve.
 - c. Received by the Nominating Committee at least five (5) days before the Annual General Meeting.

Please submit nominations by April 2nd to the Committee Chair, Wilma Millage. You may use snail mail addressed to our office or email past-pres@oakridgestrail.org.

Naturally, we would like to hear from you well before that date so that we can compile a slate of nominees. You may even suggest yourself for a position!

If you prefer, please call Wilma Millage at (905) 853-2407, or Kevin Lowe (905) 479-6382.

TRAIL TALK IS MOVING TO ONLINE DISTRIBUTION!

HERE ARE THE DETAILS BEHIND OUR TRANSITION PLAN.

Last November, a survey went out to all members with an email address and phone calls were made to all members without. To our delight, 32% of our membership shared their thoughts on the subject leading to our next step.

I'll be using the terms soft and hard to refer to the different forms for the newsletter. Soft copy means the digital or electronic form while hard copy is the physical or tangible form.

The Spring 2019 Trail Talk is going out as usual in hard copy to share this message because the change will begin with the Summer 2019 edition.

The Summer version will go out via email to those members for whom we have an email address on record. This is called the Trail Talk Soft copy. Hard copies will continue to be mailed to those members who require it.

Any member receiving a soft copy can opt to go back to receiving a hard copy by updating their profile to reflect that choice just as they do with other e-mailings.

The default going forward for new members will be a soft copy of Trail Talk which will include a link to the hikes so that the most current information is in one place. This will provide more current information as the hike listing changes often when Hike Leaders add new hikes or make adjustments to their listings.

Please add us to your safe senders list to avoid Trail Talk being mistaken for spam or junk.

This change serves several purposes, not least being that the funds used to publish and mail hard copies can be redirected to trail improvement, but it will also make us more "resource thoughtful" by using less paper and ink.

Thanks to all the participants who contributed their time and shared their insights to help the Board reach a consensus on this significant change in operations.



Photo: Beverly Ellenbogen

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We provide transportation from & to St. John's Airport, to and from trail heads, and three meals a day with accommodations.

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A MEANINGFUL ALTERNATIVE

As part of ORTA's program to *Celebrate Life's Milestones or In Memory* of friends or family, gifts were received:

**in Memory of
Norm Erickson**

**in celebration of:
Bob Comfort and Judy Pergau**

In admiration of your commitment to the Organization

Please remember ORTA if you have someone special to remember or an event to celebrate.

NEW MEMBERS

ORTA welcomed the following individual and family memberships during our last quarter,

October 1 – December 31, 2018:

- | | |
|-----------------|-------------------|
| Linda Allen | Athena Lu |
| John Rycroft | Margaret O'Dell |
| Tyler Townend | Adrienne Thompson |
| Victoria Edgell | Nigar Aliyeva |
| Janet Jones | Sevinj Guliyeva |
| Glenn Murphy | Pat Crossley |
| Qi Jun Tan | Sandy Simmons |
| Agnes Wong | Heather Emery |



CHAMPIONS

October 1, 2018 to December 31, 2018

Thank you to all donors who have made donations of \$10.00 or more.

- | | |
|-----------------------|--|
| IBM Canada Ltd. | Mansour Mahdavi |
| Robert Alexander | Wilma & Brian Millage |
| Sharon & Jim Bradley | Dale Mitchell |
| Walter Brunner | Paul Muther |
| WeiBo Cheng | Nicola Palframan |
| Monica & John Cocker | Jody Raffensperger |
| Heather Cooper | Martha Roy |
| Harry Dahme Val Dodge | Andrew Schulz |
| Audrey Fullerton | John Smale |
| Vanessa Hardy | Gaye & Robert Spence |
| Gerry Heath | Eustrate Tseretopoulos |
| Myrla Kilburn | and The John Hamilton Cameron Clarry Alter Ego Trust |

If you would like to make a donation to ORTA, call 905-833-6600 or visit ORTA's website www.oakridgestrail.org for more information.

ORTA SPRING 2019 HIKE SCHEDULE

PLEASE TAKE NOTE OF HIKES LISTED ON THE ORTA WEBSITE. OCCASIONALLY THERE ARE ADDITIONAL HIKES OR CORRECTIONS ADDED AFTER PRESS TIME.

- Remember that it is your responsibility to dress appropriately! Hat, gloves, gaiters, umbrella, may be needed. Wear sturdy hiking boots appropriate to changing precipitation and temperature; no cotton socks, use a liner sock plus a hiking sock. Dress in layers as conditions can vary widely within a short time or distance. Waterproof boots, jacket and pants recommended. Hiking poles optional.
- Keep these in the car: plastic bags for muddy boots, spare footwear, spare dry/warm clothes.
- Drinks and snacks recommended for all hikes and lunch may be needed for longer ones.
- Dogs: It is the hike leader's decision whether to allow dogs on hikes. If not specified in the hike listing, call the leader beforehand. Many landowners regulate that dogs shall be on leash. ORTA hikers and leaders will adhere to this policy. In all cases, dogs are expected to be well mannered and under strict control by their owners, out of consideration and safety for fellow hikers, other trail users and the environment.
- Winter Months: Late fall, winter and early spring are characterized by variable and unpredictable weather and trail conditions, in particular ice and snow. Conditions on the trail will often vary significantly from those outside your front door. For hiker and group safety, based on trail conditions, hike leaders may require participants to use icers or snowshoes to participate in the hike. If concerned, contact hike leader beforehand.
- In case of inclement weather, call the hike leader to confirm the hike.
- Be aware that parking areas are public places; refrain from keeping ANY valuables in your car.

HIKERS SHOULD ARRIVE AT LEAST 15 MINUTES BEFORE THE ADVERTISED HIKE TIME.

APRIL

Mon, Apr. 1, 2019 9:30 AM, King - Lloydtown - (18th. SR.+10th. Conc.)

ORTA Map 1; Slow to moderate; 2hrs.; This T&B hike will take us along forest and meadow trails to enjoy summer colours and meadow birds. Well mannered dogs are encouraged to bring their owners. Join us for lunch afterwards. Meet in roadside parking on 18th. SR., 2Km west from Hwy #27 at the intersection with 10th. Conc. GPS: 43.970641, -79.694223

Brian & Wilma Millage, 905-853-2407, cell phone on day of hike 416-722-6512

Wed, Apr. 3, 2019 9:30 AM, Newmarket - Nokiidaa Trail (Cane Pkwy)

ORTA Map 3; 8km; Moderate; 2hrs.; We will hike on easy trails along the East Holland river on the Tom Taylor trail. Meet at parking lot, east side of Cane Pkwy, 0.4km north of Mulock Dr. GPS: 44.042200, -79.460776

Cornelius Sommer, 905 717 7641

Wed, Apr. 3, 2019 9:30 AM, Scarborough - Rouge Park (Kingston Rd)

15km; Moderate to fast; 4hrs.; NOTE: Meet 9:15 for 9:30 start. Loops; varied, hilly, terrain. Bring drinks/snacks/lunch. Pub stop afterwards. Meet at parking lot by Glen Rouge Campground. Entrance on north side of Kingston Rd (Hwy 2), east of Port Union Rd (Scarborough), west of Altona Rd (Pickering). GPS: 43.80489, -79.1372092

Garry Niece, 905-655-8040, cell phone on day of hike 905-809-5138

Fri, Apr. 5, 2019 9:30 AM, Uxbridge - Walker Woods West (Conc. 6. / Allbright Rd.)

ORTA Map 5; 10km; Fast; 2hrs.; West and East Walker Woods loop hike, hilly. You may still need icers or snowshoes. Meet at parking lot on the east side of Conc 6, 2 km south of Durham Rd. 21 at Allbright Rd. GPS: 44.033851, -79.1141206

Joan Taylor, 905-477-2161

Sat, Apr. 6, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 5+km; Moderate; 1hr.; Join us for breakfast after the hike. you may still need icers or snowshoes. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Joan Taylor, 905-477-2161

Sat, Apr. 6, 2019 9:30 AM, Richmond Hill - Jefferson Forest - (Bethesda Side Rd.)

ORTA Map 3; 9km; Moderate; 2.5hrs.; The actual distance will be dependent on the weather. Dress appropriately for the weather. Icers or snowshoes may be needed. Meet in the parking area on the south side of Bethesda SR, 600m east from Bayview Ave. GPS: 43.951676, -79.420876

Jane Hu, 647-692-8811, Email: Jane.hu.jane@gmail.com

Sun, Apr. 7, 2019 10:00 AM, Pickering - Seaton Hiking Trail (Whitevale Rd)

10km; 2+hrs.; YOU WILL NEED ICERS. Meet in the park on the west side of West Duffins Creek, south side of Whitevale Rd in the village of Whitevale. GPS: 43.8865, -79.1628

Josie Klostranec, 416-296-1408 (before 10:00PM)

Sun, Apr. 7, 2019 10:00 AM, New Tecumseth -Tottenham CA (Mill St. W.)

5km; Moderate; 2hrs.; Loop hike around Tottenham Conservation Area. Meet in Tottenham CA south parking lot off Mill Street West
GPS: 44.014140 , -79.810593

David Francis, 905-936-4446, cell phone on day of hike 416-579-5432

Mon, Apr. 8, 2019 9:30 AM, Leader's Choice Hike

6km; Slow; 2hrs.; Nice easy loop hike to check out the Humber Source Woods side trail. Park on the north/east corner of 16th sideroad and Weston Road Map #2. Directions: Take the 400 north until King Road. Head west on King Rd 1km until Weston Road and go north for approx. 4km to 16th sideroad. Bring water and a snack for a break on the trail. e-mail: tjshelvey@yahoo.com If not reflected elsewhere in this information, contact the hike leader for the meeting place and trek details. GPS: 0, 0

Tessa Shelvey, 416-320-8555

Wed, Apr. 10, 2019 9:30 AM, East Gwillimbury - YRF Brown Hill Tract (Ravenshoe Rd.)

14+km; Moderate to fast; 3+hrs.; The hike will circle many trails. The actual distance will be dependant on the weather. Dress appropriately for the weather including icers and snow shoes. Bring a something to eat (perhaps a sandwich) and drink. Take 404 north to Woodbine Ave. North to Ravenshoe Rd. East on Ravenshoe Rd. for 5.3Km. Meet in the parking area on the south side of Ravenshoe Rd. GPS: 44.212050 , -79.377786

Malcolm Hann, 905-477-7260 (before 10:00PM) cell 416-333-1440 (hike day only)

Fri, Apr. 12, 2019 9:30 AM, Uxbridge - Walker Woods West (Conc. 6. / Allbright Rd.)

ORTA Map 5; 10+km; Fast; 2+hrs.; There and back some hills. Meet at parking lot on the east side of Conc 6, 2 km south of Durham Rd. 21 at Allbright Rd. GPS: 44.033851, -79.1141206

Russ Burton, 905-830-2862

Sat, Apr. 13, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 4km; Moderate; 1hrs.; Join us for breakfast after hike. No dogs allowed. Be prepared for winter conditions. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Russ Burton, 905-830-2862

Sat, Apr. 13, 2019 9:30 AM, Newmarket - Jokers Hill (Bathurst St)

ORTA Map 3; 9km; Moderate; 2.5hrs.; Hike in Jokers Hill and Thornton Bales. The actual distance will be dependent on the weather. Dress appropriately for the weather. Icers or snowshoes may be needed. Meet at road side parking on dead-end street west of Bathurst, 1.3 km north of Mulock Dr. north of town houses. GPS: 44.041408, -79.504148

Jane Hu, 647-692-8811, Email: Jane.hu.jane@gmail.com

Mon, Apr. 15, 2019 9:30 AM, Caledon - Palgrave Forest north (Finnerty SR) Revised

ORTA Map 1; Slow to moderate; 2.5hrs.; Moderate hills in this beautiful forested area with ponds and meadows. Well mannered dogs are encouraged to bring their owners. Join us for lunch afterwards. Take Hwy 50 south 0.8km from Hwy 9 and turn west onto Finnerty SR. Drive 750m. to the Palgrave Forest parking lot on the south side of the road. GPS: 43.960580 , -79.863394

Brian & Wilma Millage, 905-853-2407, cell phone on day of hike 416-722-6512

Wed, Apr. 17, 2019 9:30 AM, Uxbridge - Glen Major West (Conc. 6 - aggregate pit)

ORTA Map 5; 16+km; Moderate to fast; 4+hrs.; "4 Tract" loop taking in 4 TRCA Conservation areas. Hilly. Meet at parking lot on east side of Uxbridge Conc 6, 0.6 km north of Uxbridge Town Line or 5.5 km south of Durham Road 21. GPS: 44.006009 , -79.101922

Bob Comfort, 905-473-2669, cell phone on day of hike 905-960-0543

Thu, Apr. 18, 2019 4:00 PM, Uxbridge - Secord Forest (Conc. 3)

ORTA Map 5; Slow to moderate; 1.5hrs.; Join me on these scenic, winding forest trails for a social walk before our AGM in the Goodwood Community Centre. Check back for trail conditions. Meet at Secord parking lot, 2 km south of Goodwood Rd, on Conc 3, east on Secord Rd. GPS: 44.017830, -79.182766

Brian & Wilma Millage, 905-853-2407, cell phone on day of hike 416-722-6512

Sat, Apr. 20, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 5+km; Moderate; 1hr.; Join us for breakfast after the hike. you may still need icers. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Joan Taylor, 905-477-2161

Sat, Apr. 20, 2019 9:30 AM, Richmond Hill - Jefferson Forest - (Bethesda Side Rd.)

ORTA Map 3; 9km; Moderate; 2.5hrs.; The actual distance will be dependent on the weather. Dress appropriately for the weather. Icers or snowshoes may be needed. Meet in the parking area on the south side of Bethesda SR, 600m east from Bayview Ave. GPS: 43.951676, -79.420876

Jane Hu, 647-692-8811, Email: Jane.hu.jane@gmail.com

Sun, Apr. 21, 2019 10:00 AM, Whit- Stouffville - YRF Porritt Tract - Pangman Springs (Kennedy Rd.)

ORTA Map 4; 7km; 2hrs.; You might need icers. Meeting in the YRF parking lot on the west side of Kennedy Rd. 550m. north from Aurora Rd. GPS: 44.031875 , -79.347087

Josie Klostranec, 416-296-1408 (before 10:00PM)

LEGEND

HIKE TERRAIN: Easy = mostly flat, good footing. Challenging = some hills and/or poor footing. Strenuous = hills with steep climbs

CA = conservation area
T&B = there and back hike
YRF - York Regional Forest

TRCA - Toronto & Region Conservation Authority
BT - Bruce Trail Conservancy
PP - Provincial Park

Select hikes most suitable for your ability:

Slow	3km/h	Fast	5km/h
Moderate	4km/h	Very Fast	6km/h

Wed, Apr. 24, 2019 9:30 AM, Uxbridge - Durham Forest (Conc. 7)

ORTA Map 5; 10+km; Fast; 2+hrs.; Hilly loop hike including Skyloft. You may still need icers. Meet in the Durham Forest parking area on the east side of the 7th Conc. 1 km south of Durham Rd 21. GPS: 44.050009, -79.093841

Joan Taylor, 905-477-2161

Fri, Apr. 26, 2019 9:30 AM, King - Happy Valley North (Conc. 7)

ORTA Map 2; 10km; Moderate to fast; 3hrs.; Loop hike some hills lunch after hike at Pine Orchard. Icers or snowshoes may be required. Meet at the (dead end) on 7th. Conc. 2.8km south of Pottagville from the Lloydtown-Aurora Rd. NOTE, this point can only be accessed by vehicles coming south on 7th. Conc. GPS: 43.967134, -79.616811

Russ Burton, 905-830-2862

Sat, Apr. 27, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 4km; Moderate; 1hrs.; Join us for breakfast after hike. No dogs allowed. Be prepared for winter conditions. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Russ Burton, 905-830-2862

Sat, Apr. 27, 2019 9:30 AM, Newmarket - Jokers Hill (Bathurst St)

ORTA Map 3; 9km; Moderate; 2.5hrs.; Hike in Jokers Hill and Thornorton Bales. The actual distance will be dependent on the weather. Dress appropriately for the weather. Meet at road side parking on dead-end street west of Bathurst, 1.3 km north of Mulock Dr. north of town houses. GPS: 44.041408, -79.504148

Jane Hu, 647-692-8811, Email: Jane.hu.jane@gmail.com

MAY

Wed, May. 1, 2019 9:30 AM, Whit- Stouffville - YRF Porritt Tract - Pangman Springs (Kennedy Rd.)

ORTA Map 4; 7km; Slow to moderate; 2hrs.; This is a spring wildflower hike. We will include the sidetrail to Pangman Springs CA parking lot and loop back through Porritt forest. There will be stops to identify and photograph the flowers. Meeting in the YRF parking lot on the west side of Kennedy Rd. 550m. north from Aurora Rd. GPS: 44.031875, -79.347087

Cornelius Sommer, 905 717 7641

Wed, May. 1, 2019 9:30 AM, Kleinburg - William Granger Greenway (Islington Ave)

14km; Moderate to fast; 3hrs.; NOTE: Meet 9:15 for 9:30 start. Explore southern part of trail. Paved and forest sections. Meet in parking lot of William T. Foster Woods; east side of Islington Ave, north of Major MacKenzie Dr, opposite Ecole La Fontaine School. GPS: 43.8352181, -79.6206049

Garry Niece, 905-655-8040, cell phone on day of hike 905-809-5138

Fri, May. 3, 2019 9:30 AM, Markham - Bob Hunter Memorial Park

10+km; Fast; 2hrs.; Meet in parking lot at 7277-14 Ave. Take Reesor Rd (south from hwy #7 or north from Steeles Ave), west on 14 Ave, south at first driveway with house numbers (this is the entrance to the Rouge National Urban Park). GPS: 43.863494, -79.211209

Joan Taylor, 905-477-2161

Sat, May. 4, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 5+km; Moderate; 1hr.; Join us for breakfast after the hike. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Joan Taylor, 905-477-2161

Sun, May. 5, 2019 10:00 AM, Scarborough - Rouge Park (Meadowvale Rd.)

10km; 2+hrs.; Challenging terrain. T&B, hilly, forested, new members welcome. Bring snacks and water. Bring proper hike gear. Meet at Pearse House, 1749 Meadowvale Rd, east side of Meadowvale Rd at Zoo Rd-follow signs for the Rouge Valley Conservation Centre. GPS: 43.8190238, -79.1709644

Josie Klostranec, 416-296-1408 (before 10:00PM)

Sun, May. 5, 2019 10:00 AM, Bolton - Humber Valley Heritage Trail (Castleberg Rd.)

6km; Moderate to fast; 2hrs.; Explore the Heritage Trail along Humber River in Caledon. North on Hwy 50 from Bolton. Turn west on Castleberg Rd. for 2.1Km. Meet in roadside parking on Castleberg Rd. just west of the bridge. GPS: 43.893973, -79.792860

David Francis, 905-936-4446, cell phone on day of hike 416-579-5432

Sun, May. 5, 2019 1:00 PM, Uxbridge - Countryside Preserve (Hwy 47) New

4km; Slow; 2hrs.; Wildflower nature walk. Opportunity to share your knowledge of spring ephemerals with North Durham Naturalists. Mark Humphrey will also assist. Preregister. Meet at conservation parking lot behind the Wal Mart store at the south end of Uxbridge, off Hwy 47. GPS: 44.088752, -79.132089

Derek Connelly (H) 905-852-5432; cell/text 647-965-8765

Wed, May. 8, 2019 9:30 AM, Caledon - Palgrave Forest north (Finnerty SR)

ORTA Map 1; 14km; Moderate to fast; 3hrs.; The hike will circle several trails in the Palgrave forest. The trail is good with some moderate hills. Bring water and something to snack/eat along the way. Take Hwy 50 south 0.8km from Hwy 9 and turn west onto Finnerty SR. Drive 750m. to the Palgrave Forest parking lot on the south side of the road. GPS: 43.960580, -79.863394

Malcolm Hann, 905-477-7260 (before 10:00PM) cell 416-333-1440 (hike day only)

Fri, May. 10, 2019 9:30 AM, Uxbridge - Glen Major West (Conc. 6 - aggregate pit)

ORTA Map 5; 10km; Fast; 2hrs.; Loop hike some hills Meet at parking lot on east side of Uxbridge Conc 6, 0.6 km north of Uxbridge Town Line or 5.5 km south of Durham Road 21. GPS: 44.006009, -79.101922

Russ Burton, 905-830-2862

Sat, May. 11, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 4km; Moderate; 1hrs.; Join us for breakfast after hike. No dogs allowed. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Russ Burton, 905-830-2862

Mon, May. 13, 2019 9:30 AM, Uxbridge - Secord Forest (Conc. 3)

ORTA Map 5; Slow to moderate; 2hrs.; This nature oriented loop hike will focus on the diversity of the Secord Forest with its ponds, fields and streams and varied forest habitats. Well mannered dogs are welcome. Join us for lunch afterwards. Meet at Secord parking lot, 2 km south of Goodwood Rd, on Conc 3, east on Secord Rd. GPS: 44.017830, -79.182766

Brian & Wilma Millage, 905-853-2407, cell phone on day of hike 416-722-6512

Tue, May. 14, 2019 7:00 AM, Leader's Choice Hike New

5km; Slow to moderate; 3hrs.; Birds, Blossoms & Brunch. Early morning birding in Jefferson Forest in peak warbler migration season, with thousands of trilliums in full bloom. Then I'll make pancakes at the picnic shelter in nearby Lake Wilcox Park. Bring binoculars and a bird ID book or app if you have them. No dogs. Please pre-register if you can, by email (preferred) attmack@pathcom.com, or home phone. Meet at a park entrance near the southeast corner of Dariole Drive, 400 metres east of Bayview Ave. in Richmond Hill. Park along the shoulder, avoiding the No Parking zones. GPS: 43.94403, -79.42353 If not reflected elsewhere in this information, contact the hike leader for the meeting place and trek details. GPS: 0, 0

Peter Attfield, 905-773-3935 (before 10:00PM) cell 416-930-9761 (hike day only)

Wed, May. 15, 2019 9:30 AM, Whit - Stouffville - Whitchurch CA. (Aurora Rd.).

ORTA Map 4; 7km; Slow to moderate; 2hrs.; This is a spring wildflower hike. We will stop for identification and photos. We will loop through the Robinson tract forest Meeting in the parking lot on south side of Aurora Rd. 1.1km. west from Kennedy Rd. GPS: 44.024246, -79.358470

Cornelius Sommer, 905 717 7641

Wed, May. 15, 2019 9:30 AM, Bruce Trail - Hockley Valley (Hockley Rd)

17+km; Moderate to fast; 4.5+hrs.; T&B hike on Bruce Trail in Hockley Valley with side trails. Many steep hills through hardwood forest. Meet at the Bruce Trail parking area on the north side of Hockley Rd. Take Airport Rd 7 km north of Hwy 9, then west 6 km on Hockley Rd to parking area. GPS: 43.972854, -80.055899

Bob Comfort, 905-473-2669, cell phone on day of hike 905-960-0543

Fri, May. 17, 2019 9:30 AM, Whit-Stouffville - YRF Hall & Eldred King (McCowan Rd)

ORTA Map 4; 10km; Fast; 2hrs.; Hilly. Meet at parking lot 1 km north of Aurora Rd on the east side of McCowan Rd. GPS: 44.042433, -79.323129

Joan Taylor, 905-477-2161

Sat, May. 18, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 5+km; Moderate; 1hr.; Join us for breakfast after the hike. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Joan Taylor, 905-477-2161

Sun, May. 19, 2019 10:00 AM, Pickering - Seaton Hiking Trail (Whitevale Rd)

10km; 2+hrs.; Meet in the park on the west side of West Duffins Creek, south side of Whitevale Rd in the village of Whitevale. GPS: 43.8865, -79.1628

Josie Klostranec, 416-296-1408 (before 10:00PM)

Sun, May. 19, 2019 1:00 PM, Uxbridge - Countryside Preserve (Hwy 47)

4km; Slow; 2hrs.; Wildflower walk #2 What new flowers have emerged since Derek and Mark Humphrey's last walk? Share your plant knowledge with other naturalists. Preregister. Meet at conservation parking lot behind the Wal Mart store at the south end of Uxbridge, off Hwy 47. GPS: 44.088752, -79.132089

Derek Connelly (H) 905-852-5432; cell/text 647-965-8765

Wed, May. 22, 2019 9:30 PM, Clarington - Clarington East (Darlington-Clarke)

ORTA Map 8; 19+km; Moderate to fast; 5hrs.; There and back with side trails some road walking. Meet at road side parking area, Darlington-Clark Town line and Darlington conc. 8. GPS: 44.035838, -78.682405

Russ Burton, 905-830-2862

Fri, May 24, 2019 9:30 AM, Pickering - Seaton Hiking Trail (Whitevale Rd)

10km; Moderate to fast; 2hrs.; There and back some hilly sections. Meet in the park on the west side of West Duffins Creek, south side of Whitevale Rd in the village of Whitevale. GPS: 43.8865, -79.1628

Russ Burton, 905-830-2862

Sat, May 25, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 4km; Moderate; 1hrs.; Join us for breakfast after hike. No dogs allowed. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Russ Burton, 905-830-2862

Mon, May 27, 2019 9:30 AM, Uxbridge - Walker Woods East (Conc. 7 - microwave towers)

ORTA Map 5; Slow to moderate; 2.5hrs.; Join us on this scenic walk through the Durham Forest to the Skyloft Tract. Moderate hills through mature mixed forest. Dogs welcome. Join us for lunch later. Meet at parking lot on west side of Uxbridge Conc 7, 2 km south of Durham Road 21. GPS: 44.0394862, -79.0892224

Brian & Wilma Millage, 905-853-2407, cell phone on day of hike 416-722-6512

Tue, May 28, 2019 9:30 AM, Leader's Choice Hike New

10km; Moderate to fast; 3hrs.; Dagmar North Trails, south of Uxbridge. Hilly. Meet in the parking lot for spring water on the north side of Chalk Lake Road, 80 metres west of Lakeridge Road. GPS: 44.02543, -79.05538 We'll carpool (if necessary) a short distance to a small parking spot closer to the trails. If not reflected elsewhere in this information, contact the hike leader for the meeting place and trek details. GPS: 0, 0

Peter Attfield, 905-773-3935 (before 10:00PM) cell 416-930-9761 (hike day only)

Wed, May 29, 2019 9:30 AM, Uxbridge - Durham Forest (Conc. 7)

ORTA Map 5; 10+km; Fast; 2+hrs.; Hilly loop hike including Skyloft. Meet in the Durham Forest parking area on the east side of the 7th Conc. 1 km south of Durham Rd 21. GPS: 44.050009, -79.093841

Joan Taylor, 905-477-2161

Fri, May 31, 2019 9:30 AM, King - Happy Valley (Weston & 16th Sdrd)

ORTA Map 2; 10+km; Fast; 2+hrs.; There and back hike or snowshoe. Meet at roadside parking northeast corner of Weston Rd & 16th Sdrd. NOTE: For 12 months from the fall of 2017 this meeting place is NOT accessible from the east via 16th SR due to reconstruction of the Hwy 400 overpass. GPS: 43.954224, -79.586575

Russ Burton, 905-830-2862

JUNE

Sat, Jun. 1, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 4km; Moderate; 1hrs.; Join us for breakfast after hike. No dogs allowed. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Russ Burton, 905-830-2862

Wed, Jun. 5, 2019 9:30 AM, Leader's Choice Hike

15km; Moderate to fast; 4hrs.; NOTE: Meet 9:15 for 9:30 start. In Pickering. Seaton Trail & explore points south. Meet: South on Whites Road from Taunton Rd; first road east (left) - this is Old Whites Rd (Forestream Rd might be mentioned). Park near bridge over West Duffins Creek. Approx. GPS: 43.870804, -79.132822 If not reflected elsewhere in this information, contact the hike leader for the meeting place and trek details. GPS: 0, 0

Garry Niece, 905-655-8040, cell phone on day of hike 905-809-5138

Wed, Jun. 5, 2019 9:30 AM, East Gwillimbury- YRF Bendor & Graves (McCowan Rd)

8.5km; Moderate; 2.5hrs.; We will hike past the new plantation area into the forest and on a loop back. Some hilly sections in the forest part. The meeting place is in the Bendor Graves parking lot on west side of McCowan Rd. 1.3 km north of Davis Dr. and 400m., north of the rail tracks. GPS: 44.101330, -79.338555

Cornelius Sommer, 905 717 7641

Thu, Jun. 6, 2019 10:00 AM, Leader's Choice Hike New

11km; Moderate; 4hrs.; Ballyduff Trails, near Pontypool. Hilly. We have permission to hike this beautiful private property today. Forests, reforestation, meadows, tallgrass prairie, a spring, and an old homestead - the Oak Ridges Moraine with a Kawartha flavour. We'll stop for a break at neighbouring South Pond Farms, known for its food and featured in its own Netflix series. For anyone interested in staying later, we can hike another 3.5 km for the Valley Trail in nearby Fleetwood Creek Natural Area. Please pre-register if you can, by email (preferred) atmack@pathcom.com, or home phone. Enter the driveway at northeast corner of Ballyduff Rd and Wild Turkey Rd, and park near the woodpile. GPS: 44.14289, -78.62189 If not reflected elsewhere in this information, contact the hike leader for the meeting place and trek details. GPS: 0, 0

Peter Attfield, 905-773-3935 (before 10:00PM) cell 416-930-9761 (hike day only)

Fri, Jun. 7, 2019 9:30 AM, Markham - Unionville Urban Hike (Toogood Pond)

10km; Fast; 2hrs.; Loop hike to Milne Park and back. Meet at Toogood parking area. Take Main St Unionville north, from Carlton Rd 0.5km turn west on Toogood Pond to parking. GPS: 43.872670, -79.314465

Joan Taylor, 905-477-2161

Sat, Jun. 8, 2019 8:00 AM, ORTA Event - Adventure Relay - 160 Km from Gores Landing to King City

Canoe, run or cycle with your team on the full or half Adventure Relay, ORTA's major annual fundraising event along the Oak Ridges Moraine Trail. Check details on the ORTA website. GPS: 44.12010, -78.23621

Sat, Jun. 8, 2019 9:00 AM, Uxbridge - Countryside Preserve (Hwy 47)

5km; Slow; 2hrs.; Intro to bird watching. Join Kim Adams of North Durham Nature as we learn the techniques to see and hear the birds. Bring binoculars and bird book. Preregister Meet at conservation parking lot behind the Wal Mart store at the south end of Uxbridge, off Hwy 47. GPS: 44.088752, -79.132089

Derek Connelly (H) 905-852-5432; cell/text 647-965-8765

Sun, Jun. 9, 2019 10:00 AM, Markham - Bob Hunter Memorial Park

10km; 2hrs.; Meet in parking lot at 7277-14 Ave. Take Reesor Rd (south from hwy #7 or north from Steeles Ave), west on 14 Ave, south at first driveway with house numbers (this is the entrance to the Rouge National Urban Park). GPS: 43.863494, -79.211209

Josie Klostranec, 416-296-1408 (before 10:00PM)

Mon, Jun. 10, 2019 9:30 AM, Whit-Stouffville - YRF Eldred King Woodlands (Hwy 48)

ORTA Map 4; Moderate; 2hrs.; Walk the wide shady trails as we pass ponds and streams in the Scout and Eldred King Tracts. Well-mannered dogs welcome. Join us for lunch after. Meet in parking lot west side of Hwy 48, 2.5 km north of Ballantrae. GPS: 44.0604749881, -79.3080759980

Brian & Wilma Millage, 905-853-2407, cell phone on day of hike 416-722-6512

Tue, Jun. 11, 2019 9:30 AM, Leader's Choice Hike New

10km; Moderate; 4hrs.; A loop of the Bolton part of the Humber Valley Heritage Trail together with local parks, and about 2 km on streets. Three big hills. We'll stop to see several historic sites and buildings, in this 20th anniversary year of the Humber's designation as a Canadian Heritage River. Meet near the Mr. Sub kiosk in the lobby of the Caledon Centre for Recreation and Wellness, at the 'southeast' corner of Highway 50 and Columbia Way in north Bolton. GPS: 43.88995, -79.75192 For anyone interested in doing the rest of the HVHT, after lunch we can car shuttle 10 minutes north for a 15 km hike back at a moderate-fast pace. If not reflected elsewhere in this information, contact the hike leader for the meeting place and trek details. GPS: 0, 0

Peter Attfield, 905-773-3935 (before 10:00PM) cell 416-930-9761 (hike day only)

Wed, Jun. 12, 2019 9:30 AM, Uxbridge - Durham Forest (Houston Rd)

ORTA Map 6; 16+km; Moderate to fast; 3+hrs.; We will hike several trails in the Durham forest. Bring water, snack/lunch. Meet at the dead end of Houston Rd., west from Lakeridge Rd. (2.4 km. north of Chalk Lake Rd.). GPS: 44.044566 , -79.067489

Malcolm Hann, 905-477-7260 (before 10:00PM) cell 416-333-1440 (hike day only)

Fri, Jun. 14, 2019 9:30 AM, East Gwillimbury - YRF Bendor & Graves (Kennedy Rd)

10km; Fast; 2hrs.; Loop hike some hills Meet in the parking area at the dead end of Kennedy Rd, north of Davis Dr. GPS: 44.087113 , -79.360133

Russ Burton, 905-830-2862

Sat, Jun. 15, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 4km; Moderate; 1hrs.; Join us for breakfast after hike. No dogs allowed. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Russ Burton, 905-830-2862

Mon, Jun. 17, 2019 9:30 AM, King - Lloydtown - (18th. SR.+10th. Conc.)

ORTA Map 1; Slow to moderate; 2.5hrs.; This T&B hike will take us along forest and meadow trails to enjoy summer colours and meadow birds. Well mannered dogs are encouraged to bring their owners. Join us for lunch afterwards. Meet in roadside parking on 18th. SR., 2Km west from Hwy #27 at the intersection with 10th. Conc. GPS: 43.970641 , -79.694223

Brian & Wilma Millage, 905-853-2407, cell phone on day of hike 416-722-6512

Wed, Jun. 19, 2019 9:30 AM, Pickering - Seaton Hiking Trail (Whitevale Rd)

17km; Moderate to fast; 4hrs.; There and back hilly hike. Meet in the park on the west side of West Duffins Creek, south side of Whitevale Rd in the village of Whitevale. GPS: 43.8865, -79.1628

Russ Burton, 905-830-2862

Fri, Jun. 21, 2019 9:30 AM, Uxbridge - Walker Woods West (Conc. 6. / Allbright Rd.)

ORTA Map 5; 10km; Fast; 2hrs.; West and East Walker Woods loop hike, hilly. Meet at parking lot on the east side of Conc 6, 2 km south of Durham Rd. 21 at Allbright Rd. GPS: 44.033851, -79.1141206

Joan Taylor, 905-477-2161

Sat, Jun. 22, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 5+km; Moderate; 1hr.; Join us for breakfast after the hike. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Joan Taylor, 905-477-2161

Sun, Jun. 23, 2019 10:00 AM, King - Seneca King Campus/Mary Lake (Keele St.)

ORTA Map 2; 10km; 2hrs.; Meet at roadside parking on Keele, 3 km north of King Road on both sides at ORTA trail sign. GPS: 43.955220 , -79.535400

Josie Klostranec, 416-296-1408 (before 10:00PM)

Mon, Jun. 24, 2019 9:30 AM, Vaughan - Woodbridge - Trails (Rutherford Rd)

8km; Slow to moderate; 2.5hrs.; We will walk the trails in Boyd Park. Bring snack and water. No dogs please. Cell 416-320-8555. e-mail tjshelvey@yahoo.com Meet in the Pierre Berton Library parking lot, 350 m. east from the intersection of Islington Avenue and Rutherford Road. GPS: 43.817958 , -79.596205

Tessa Shelvey, 416-320-8555

Wed, Jun. 26, 2019 9:30 AM, Uxbridge - Glen Major West (Conc. 6 - aggregate pit)

ORTA Map 5; 16+km; Moderate to fast; 4+hrs.; Loop hike through Glen Major and Walker Woods conservation areas. Hilly. Meet at parking lot on east side of Uxbridge Conc 6, 0.6 km north of Uxbridge Town Line or 5.5 km south of Durham Road 21. GPS: 44.006009 , -79.101922

Bob Comfort, 905-473-2669, cell phone on day of hike 905-960-0543

Fri, Jun. 28, 2019 9:30 AM, King - Happy Valley North (Conc. 7)

ORTA Map 2; 10km; Moderate to fast; 2hrs.; Loop hike some hills lunch after hike at Pine Orchard. Meet at the (dead end) on 7th. Conc. 2.8km south of Pottageville from the Lloydtown-Aurora Rd. NOTE, this point can only be accessed by vehicles coming south on 7th. Conc. GPS: 43.967134 , -79.616811

Russ Burton, 905-830-2862

Sat, Jun. 29, 2019 7:00 AM, Uxbridge - Al Shaw (Conc.6)

ORTA Map 5; 4km; Moderate; 1hrs.; Join us for breakfast after hike. No dogs allowed. Meet at road side parking on west side of Uxbridge Conc 6, 1.5 km south of Durham Road 21. GPS: 44.039694, -79.116764

Russ Burton, 905-830-2862



Photo: Heather Clark Cooper

RAVENSHOE/BROWN HILL TRACT TRAILS

– submitted by Malcolm Hann

After my last Brown Hill hike in mid-November Peter Attfield drew my attention to an article on the DMBA website about the history of the trails in Brown Hill, titled: "Ravenshoe Trail Work and History" For several years I've lead ORTA hikes on these trails and wondered about the trail names. The next time I hike here I plan to look for and identify the points of interest. Few ORTA hikers frequent the Brown Hill Tract; perhaps in reading the article more ORTA hikes would challenge themselves to hike this area. I recommend one doesn't even think about hiking there May through September because the bugs are ferocious (It brings me out in lumps just thinking about a midsummer hike I had there several years ago).

Reprinted with Permission here is an excerpt:

"...Chris Reid - one of the Ravenshoe originals put together this history of Ravenshoe. Fun times - I am sure many of you remember the double teeter-totter.....In 97, the biggest challenge yet, build the longest, most technical trail to date skirting three swamps in the centre of the east side. The name played off the established playground handles of Stinky and Cry Baby. It was a tough go to ride and no one in our group was able to do it without 'clipping out'. Several 'skinnies' were built to get over the swamps and logs, one being a double teeter-totter that led to many a soaker. The Big Meany is easier now and known only as Meany to newer riders at the Shoe but there was a time it had the reputation for teaching technique and punishing mistakes.



This is where the naming gets a little confusing. We needed to connect Stumpy to the bottom of One Gee thereby integrating the Big Meany loop. We worked some magic along both sides of the double track and a new loop was made on the west side bordering the BellRinger south of Stumpy named 'Skunk' after one of our dogs had an unfortunate incident there. Skunk terminated at the double track directly across from Big Meany and One Gee completing the 'whole loop'....."

Malcolm Hann leads hikes over the Brown Hill Tract from time to time. Check the hike schedule regularly for updates.

To read the whole DMBA article please send an email to info@oakridgestrail.org to the office quoting Ravenshoe in the subject line and Michele will email it back to you. DMBA has recently upgraded their website and this article is not currently available on it.

Lake Superior



Guided Sea Kayak Trips
> Pukaskwa, Slaters, Sibley, Superior Park

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Paddle Canada Certified Instruction
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Hike: Pukaskwa & Lake Superior Park



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Oak Ridges Trail Association



Photo: Alexandra Forer

There is a section of the Oak Ridges Trail in the Second Wildlife Preserve posted as the 'Orchid Trail'. It's extremely rare to see wild orchids in bloom. Taken last June, a group of Monday hikers trekking the Second Trail and beyond were fortunate enough to see blooming Orchids.

Near Nailsworth in The Cotswolds, Gloucestershire, U.K.

Middle Cottage, The Fooks,

Sleeps four adults. A car is essential for the rural location.

"As well as the Cotswold Way, there are many footpaths and trails in easy reach."

This cottage belongs to Stan Butcher's brother.

Details:

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August 17 to 27, 2019

The land of the midnight sun!

Trek on volcanic terrain, marvel at the view atop Iceland's "Grand Canyon", stand at the edge of the most powerful waterfall in all Europe & relax in the soothing thermal waters of the Blue Lagoon. From Reykjavik to the northern fishing village of Husavik, explore the most dramatic landscape anywhere.

ONLY 5 SPOTS LEFT!

MACHU PICCHU, PERU

September 13 to 25, 2019

Explore the Sacred Valley of the Incas by hiking through the famed salt pans of Maras, the ancient ruins of Pisac, and trekking high up into the Urubamba mountain range.

Then that all important day arrives when we hike into Machu Picchu – **rounding the corner of the Sun Gate and seeing Machu Picchu with your own eyes will give you goose bumps!**

NO CAMPING – ALL ACCOMMODATIONS ARE IN HOTELS AND LODGES

LAST CHANCE! THIS TRIP WILL NOT BE OFFERED IN 2020

JAPAN

October 6 to 20, 2019

An intriguing destination offering a mix of traditional customs intertwined with modern realities. Its history and culture are always at the forefront - from a soak in a hot

spring to touring ancient Shinto shrines & dining in yukatas. Discover the beautiful hiking trails from Tokyo to Kyoto, including Kamikochi, the slopes of the iconic

Mt. Fuji, and Takayama. Accommodations include western-style hotels & traditional Japanese ryokans, and the vibrant fall colours are at their peak in October.

1 SPOT LEFT FOR LADY TO SHARE ACCOMMODATIONS.

**INTERESTED LIST
2020**

If there is a trip that interests you for 2020, email us and we will notify you when it becomes available to book.

No obligation necessary.

**Dominica * Portugal * Amalfi Coast * Ireland
Provence & Cote d'Azur
Corfu * Camino de Santiago * Japan
Galapagos Islands * Iceland * Slovenija**

TICO # 50018498

MORaine ADVENTURE RELAY

Saturday, June 8, 2019

Come join us for ORTA's 13th annual fundraising event that attracts competitors from all over the province to canoe, run and cycle the Oak Ridges Moraine Trail in a 160km Full Relay course or to challenge the 80 km Half Relay.

Each year ORTA members and friends staff the 15 checkpoints to guide and monitor competitors as they race across the Oak Ridges Moraine Trail. Come be a part of this exciting day. Volunteers please contact Frank Alexander at ws@oakridgestrail.org

RELAY PRE-RACE MEETING: TUESDAY JUNE 4TH, 7:00PM

Location: Goodwood Community Hall
268 Durham Regional Hwy 47,
Goodwood, ON L0C 1A0

Time: open from 6:30pm, meeting starts at 7pm
light refreshments served.

NOTE: There will only be one pre-race meeting



Photo: Bill Patterson



Photo: Peter Rivington

**paddle
bike
run**

**In
Teams
Across
the Oak
Ridges
Moraine Trail**

From Rice Lake to King City

Saturday, June 8, 2019

**13th ANNUAL
adventure
relay**

Teams participate in either the
Full Relay—160 km
Paddle, Bike and Run
or the **Half Relay—80 km**
Bike and Run

FOR MORE INFO VISIT:
www.oakridgestrail.org

DISCOVER YOUR WORLD

Join us for this series of speakers on worldwide journeys, fascinating nature stories, adventure treks and other stories on a wide variety of subjects. It is also an opportunity to get together with your ORTA friends to catch up on what is happening in our organization. Come along and bring a friend to enjoy these pleasant evenings. Presentations take place in the Ballantrae Community Centre, 5592 Aurora Rd., on the 3rd Thursday of each month, starting at 7 p.m. A \$5 fee covers the presentation, coffee, juice and cookies. A very inexpensive cost for an interesting evening!



April 18, 2019 ORTA AGM

David Phillips, of Environment Canada, will be giving us an update on what is happening with the weather. Dave last spoke to us in 2012 and much has been happening in changing weather patterns since that time. As always, David is a knowledgeable and entertaining speaker talking on a subject that is dear to the hearts of all our outdoor folks.

May 16, 2019

Terry will speak to us about his work tagging Monarch Butterflies here along the Lake Ontario shoreline. Terry is very knowledgeable and excited about his work with these beautiful creatures so I am sure many of you will want to attend to hear what he has to say. He will also be reporting to us on the latest feedback from Monarch flights to Mexico this year. I know how many of you have searched for them as we hike along our trails hoping to see Monarchs and were encouraged by their increased numbers this past summer.

SUSQUEHANNOCK LODGE and TRAIL CENTRE Hiking in the Highlands of North Central Pennsylvania



EASTER April 19 - 22, 2019

Spring training on the trails, snow will be gone with spring on the way. Ed promises a Polish Easter dinner.

Canada Day - June 28 - July 2, 2019

Great hiking weather with lots of time on the south facing deck to relax, Jeanette will find places to swim.

The Lodge is located in Potter County, Pennsylvania, 2.5 hours south of Buffalo. There is no agriculture or industry in the area, just great trails. Daily hikes of 10 to 15 km are led through hardwood forest, many beside mountain streams. Our lodge provides comfortable accommodation & excellent meals for \$70.00 semi-private, \$75.00 private-double occupancy, \$90.00 private-single occupancy, USD per day per person. These outings have proven to be popular with the lodge filling quickly.

For more information, including driving directions, please see hikevincent.wordpress.com or contact Greg Vincent at 519-579-8210 or vincent.greg@gmail.com

For reservations call Carol Szymanik at 1-814-435-2163

MEET YOUR NEW HIKE LEADER, JANE HU

It was my fortune to have found and joined ORTA in 2013. Jerry and I started with slow pace hikes, then moderate, even tried some fast hikes. We met many lovely people and learned a lot from hike leaders such as Wilma, Brian and Stan. With the thought of giving



back after I become more active physically and spiritually as the result of the regular hiking, I joined the hike leader training program in 2017, so I can find more opportunities to participate and lead the hikes while Jerry is happy to be a sweep. This is our contribution to the community and we hope more people get to know ORTA and share the trails. Come, join us and have fun!

Jane Hu, ORTA Hike
Leader



Carol Dowell, Publicity Director and Garry Niece, Vice President and Trails Director

ORTA Booth - Clarington Sports & Leisure Fair, March 2019
Spreading the word about hiking the Oak Ridges Trail

Why Join The Oak Ridges Trail Association (ORTA)?

Your membership in ORTA

- Demonstrates interest in the moraine to provincial and local governments, influencing potential legislation and ensuring preservation and public enjoyment of the moraine
- Provides a deeper understanding of the beauty and critical nature of the moraine
- Provides funding for restoration and maintenance projects, trail building, hike leader training, securement, newsletter production, website services and more!
- Gives members access to social networking and group activities
Includes opportunities to assist in maintenance of the trail and other volunteer preservation projects.

YES, I WANT TO JOIN!! Please go online to sign up to be a member:
www.oakridgestrail.org/membership or call the ORTA OFFICE

Editor: Marilyn Bardeau (editor@oakridgestrail.org)

Advertising space available. Submission deadline 1 May 2019

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